

PRAYING FOR HEALING

First Friday Teaching Topic for October 3, 2014

St. John the Evangelist Parish Hall

Tanauan City, Batangas

TALK OUTLINE

● Doctrinal Aspects

● God, the Father, our Healer

● Jesus, the Healer

● 4 Basic Kinds of Prayers for Healing

● Points to Remember

DOCTRINAL ASPECTS

- Sickness and healing: their meaning and value in the economy of salvation
- The desire for healing and prayer to obtain it
- The charism of healing in the New Testament
- Prayers to obtain healing from God in the Church's tradition
- The charism of healing in the present-day contest

SICKNESS & HEALING

- People are called to joy.
- Nevertheless, each day, they experience many forms of suffering and pain.
- Therefore, the Lord, in his promises of redemption, announces the joy of the heart that comes from liberation from sufferings.
- Indeed, God is the one who delivers from every evil.



GOD, THE FATHER, OUR HEALER

LUKE 11:1-4, 11-13

LUKE 11:1-4, 11-13

One day, Jesus was praying in a certain place and when he had finished, one of his disciples said to him, “Lord, teach us to pray, just as John taught his disciples.” And, Jesus said to them, “When you pray, say this:

Father, hallowed be your name
may your kingdom come,

LUKE 11:1-4, 11-13

give us each day the kind of bread we
need,

and forgive us our sins, for we also forgive
all who do us wrong,

and do not bring us to the test.”

...

LUKE 11:1-4, 11-13

“If your child asks for a fish, will you give a snake instead? And if your child asks for an egg, will you give a scorpion? Even you evil people know how to give good gifts to your children, how much more then will the Father in heaven give holy spirit to those who ask him!”

WHAT JESUS TELLS US ABOUT GOD THE FATHER

- Jesus sets the tone of our relationship with God. He is our Father; we His sons and daughters.
- Because God is our Father, He will give us what is good for us, not because He wants to prove that He loves us, but simply because He loves US.

WHAT JESUS TELLS US ABOUT GOD THE FATHER

- One of the basic things our Father wants for us is good health --- the wholeness of man: mind, body and emotions.
- If we believe that God is love, then it is easy for us to believe that healing is an ordinary, not extraordinary, sign of His compassion and love.

PAG-IBIG MO, AMA

Ang liwanag Mo ang sumindak sa dilim
Buong kalangita'y nagsaya't nagningning
Kumislap, umindak ang mga bituin
Nalikha ang lahat ng mga lupain
Pag-ibig Mo, Ama, ay hatid Mo sa amin
Malaya't matindi, hindi magmamaliw

PAG-IBIG MO, AMA

Dinilig sa tuwa ang buong nilikha
Pinuno ng aliw ang aba at ang dukha
Ng pagmamahal, binigay Mong sadya
Matupad sa gawa ang 'Yong salita

PAG-IBIG MO, AMA

Ang liwanag Mo ang sumindak sa dilim
Buong kalangita'y nagsaya't nagningning
Kumislap, umindak ang mga bituin
Nalikha ang lahat ng mga lupain
Pag-ibig Mo, Ama, ay hatid Mo sa amin
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SICKNESS & HEALING

- In the Old Testament, sickness has been linked to God's punishment. However, sickness also strikes the just, as in the case of Job, and people WONDER WHY.
- Isaiah, the prophet, announces the future times in which there will be no more disease and infirmity, and the course of life will no longer be broken by death.

DOCTRINAL ASPECT: THE DESIRE FOR HEALING AND PRAYER TO OBTAIN IT

- Presuming the acceptance of God's will, the sick person's desire for healing is both good and deeply human, especially when it takes the form of a trusting prayer addressed to God.
- Sirach 38:9 – “My son, when you are ill, delay not, but pray to God who will heal you.”

DOCTRINAL ASPECT: THE DESIRE FOR HEALING AND PRAYER TO OBTAIN IT

- Large numbers of the sick approached Jesus during his public ministry. The Lord welcomes them, but his only complaint is their possible lack of faith.



JESUS, THE HEALER

MARK 1:40-41

MARK 1:40-41

A leper came to Jesus and begged him, “If you so will, you can make me clean.” Moved with pity, Jesus stretched out his hand and touched him, saying, “I will; be clean.”

WHAT DOES THIS TELL US ABOUT JESUS, THE HEALER?

- Jesus preached not only with words but also with DEEDS.
- He preached SALVATION and VICTORY over the devil.
- He preached REPENTANCE and FORGAVE those who have sinned and repented.
- He healed those who were SICK.

DOCTRINAL ASPECT: THE DESIRE FOR HEALING AND PRAYER TO OBTAIN IT

- Not only is it praiseworthy for individual members of the faithful to ask for healing for themselves and for others, but the Church herself asks the Lord for the health of the sick in her liturgy.

DOCTRINAL ASPECT: THE DESIRE FOR HEALING AND PRAYER TO OBTAIN IT

- There is also the Sacrament of the Anointing of the Sick. In the blessing of the oil, the Church prays: “Make this oil a remedy for all who are anointed with it; heal them in body, in soul, and in spirit, and deliver them from every affliction.”
- The Sacrament is a pledge and promise of the future kingdom. It is also a proclamation of the resurrection.
- Revelations 21:4 – “There shall be no more death or mourning, crying out or pain, because the old order has passed away.”

DOCTRINAL ASPECT: THE DESIRE FOR HEALING AND PRAYER TO OBTAIN IT

- Of course, recourse to prayer does not exclude, but rather encourages, the use of effective natural means for preserving and restoring health, as well as leading the Church's sons and daughters to care for the sick, to assist them in body and spirit, and to seek to cure disease.
- "Part of the plan laid out in God's providence is that we should fight strenuously against all sickness and carefully seek the blessings of good health"

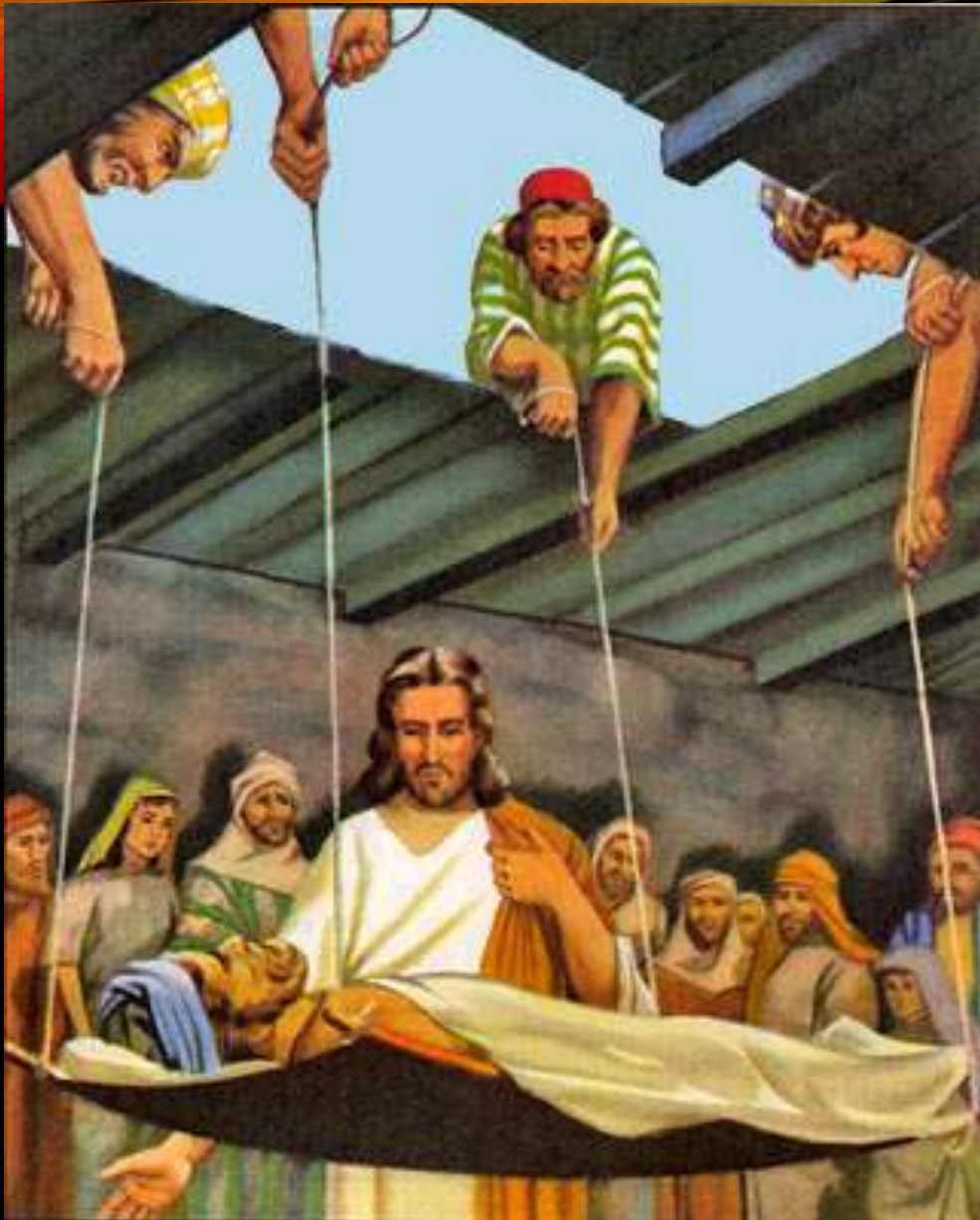
4 BASIC KINDS OF PRAYERS FOR HEALING

**FOR
REPENTANCE**

**FOR INNER
HEALING**

**FOR
PHYSICAL
HEALING**

**FOR
DELIVERANCE**



PRAYER FOR REPENTANCE

- Mark 2:1-12 – “Jesus forgives and cures a paralytic”
- “My son, your sins are forgiven.”
- “Why do you wonder? Is it easier to say to this paralyzed man: ‘Your sins are forgiven,’ or to say: ‘Rise, take up your mat and walk?’”
- But now, you shall know that the Son of Man has authority on earth to forgive sins.”
- He said to the paralytic, “Stand up, take up your mat, and go home.”
- The man rose and, in the sight of all those people, he took up his mat and went out.
- “We have never seen anything like this!”

PRAYER FOR REPENTANCE

- Forgiveness of sin is the first and deepest kind of healing that Christ brings.
- During the Mass, we pray the PENITENTIAL ACT:

“I confess, to Almighty God and to you my brothers and sisters that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.”

PRAYER FOR REPENTANCE

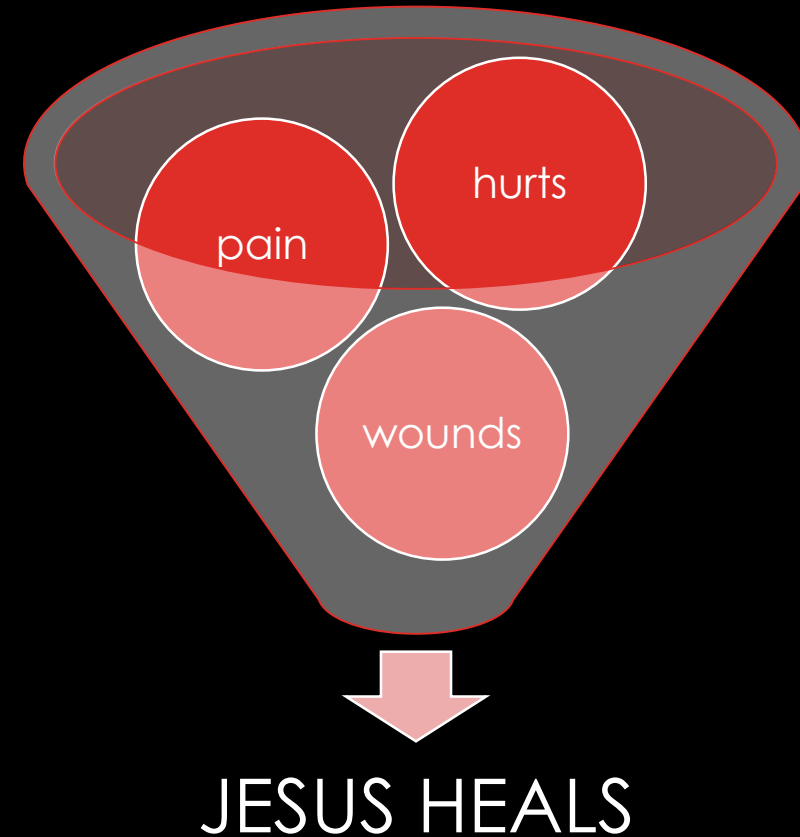
- Then the priest gives the ABSOLUTION:
 “May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.”
- To which the people answer: AMEN
- The admitting of sin is our repentance. The absolution is the pledge of healing with the proclamation of the resurrection.

PRAYER FOR REPENTANCE

- There seems to be a connection between much of our sickness and our spiritual or emotional health.
- It may be helpful to consider praying for repentance or inner healing before praying for physical healing.
- Involved is not only our asking forgiveness from God but also our own forgiveness for others.
- Sacrament of RECONCILIATION is strongly recommended.

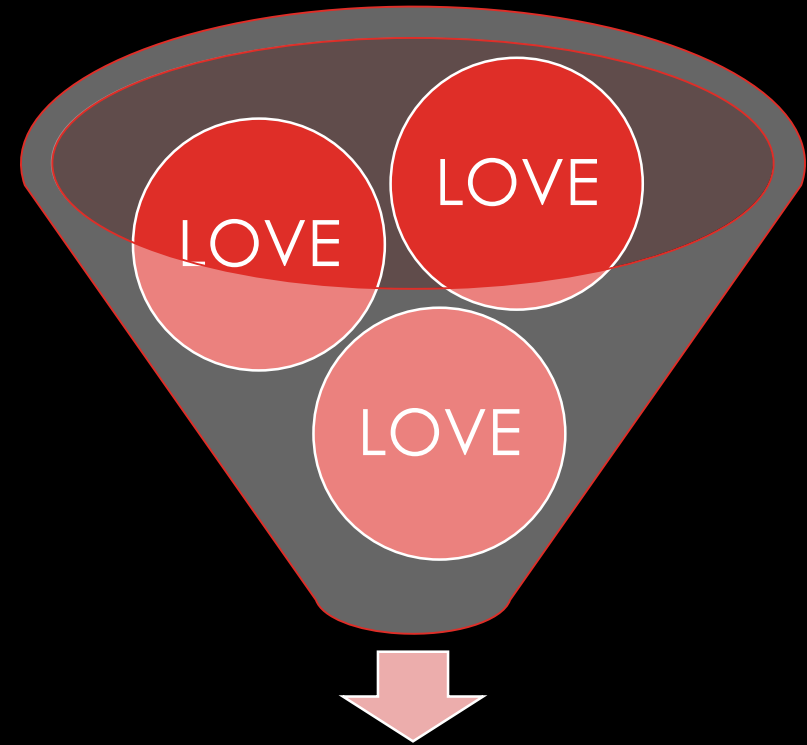
PRAYER FOR INNER HEALING

- Inner healing: of hurts caused by wrong upbringing or painful experiences
- Jesus can take the memories of our past, heal them from the wounds that still remain and affect our present lives, and fill with His love all these places in us that have been empty for so long.



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JESUS FILLS US WITH LOVE

- We pray for inner healing when we are held down in any way by the hurts of the past. How?

**Prepare for it.
Not on
impulse.**

**Choose a
quiet &
private place.**

**Women should pray with
women, men with men,
except in couple prayer.**

**Pray with
another
person.**

**Bring to light
the things that
have hurt you.**

**Use
imaginative
prayer.**

**Pray so that the Lord may heal the binding
effects of the hurtful incidents of the past.**

PRAYER FOR PHYSICAL HEALING

1. LISTEN to find out what to pray for



2. LAY HANDS to communicate love & concern



3. VERBALIZE your prayer

HOW TO VERBALIZE PRAYER:

Use ordinary speaking voice. Don't shout.

Turn over your heart and mind to Jesus.

Ask for the healing. Be specific. Visualize if you can.

When praying in a team, listen to one another. Be one in your prayers.

PRAYER FOR PHYSICAL HEALING

4. Pray with CONFIDENCE



5. Pray with THANKSGIVING

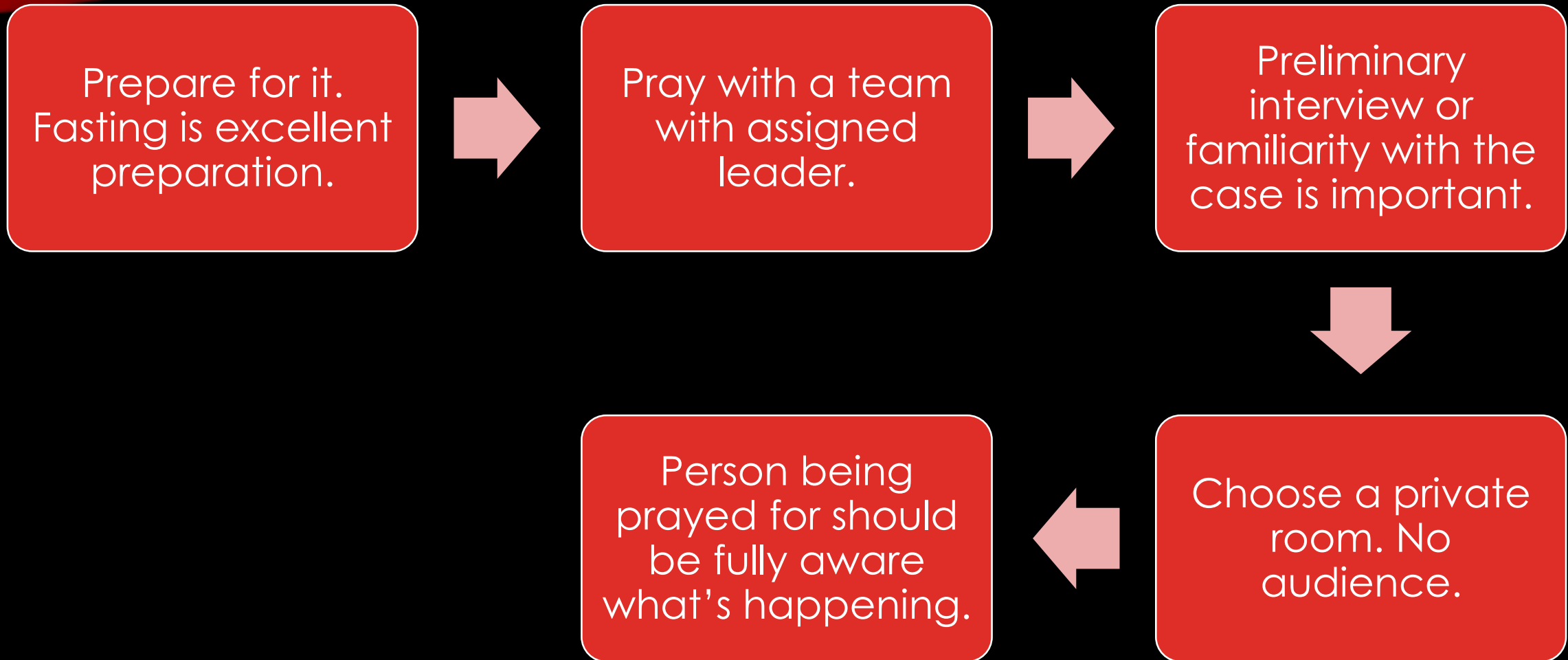


6. Pray IN THE SPIRIT, especially when you are not sure.

PRAYER FOR DELIVERANCE

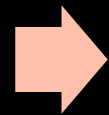
- This is a prayer said in the name and authority of Jesus in order to free a person oppressed by evil spirit.
- When is deliverance indicated?
 - Compulsion – unable to change even after doing everything possible to achieve self-discipline
 - If inner healing does not seem to accomplish healing

HOW TO PRAY FOR DELIVERANCE

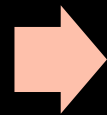


HOW TO PRAY FOR DELIVERANCE

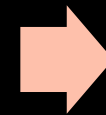
Prayer is a command to the demonic forces, ordering them to depart in the NAME OF JESUS.



Pray with AUTHORITY.



Do not HESITATE.



Be DECISIVE.

ENSURE that there is follow-up and Christian support so that HEALING WILL BE COMPLETED.

POINTS TO REMEMBER

1. Healing is no special magic gift reserved for a few.
 - Families are encouraged to pray.
 - Anybody can pray, even children (especially for physical healing).

POINTS TO REMEMBER

2. Do not despise doctors or medicine.
 - Medicine is not opposed to faith in the healing power of God.
 - Sirach 38:1-15

POINTS TO REMEMBER

3. There is no definitive technique or pattern to prayer for healing. Even Jesus healed in various ways.
4. In praying for others, be free of the need to prove anything. Healing is not a test of faith but a natural response to God's generous love.
5. Ask God to meet your needs but do not tell Him when or how to do it.

POINTS TO REMEMBER

6. When we pray, our faith is in God and not in our own faith.
7. Jesus should always be the center of our prayers.
8. Abstain from any form of healing prayers that are not Christian, e.g. faith healing and any healing connected with spiritualism or witchcraft.

POINTS TO REMEMBER

9. Make prayers for healing an ordinary occurrence in our families and in our life together in the Brotherhood.



**THANK YOU AND
GOD BLESS!**

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